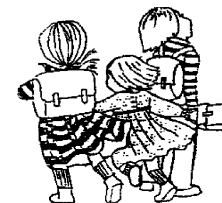


13-05-2018 Long Marton Helm Wind 10K



Pos	Num	First Name	Surname	Club	Cat	Time
1	659	Jonathan	Cox	Eden Runners	MOpen	00:35:29
2	657	John	French	Eden Runners	MOpen	00:36:32
3	617	Robin	Reagan	Eden Runners	MU18	00:38:12
4	635	Nigel	Mccombie	Eden Runners	MOpen	00:39:44
5	674	Brian	Pennington	Howgill Harriers	MV40	00:39:53
6	627	Bill	Stewart	Borrowdale Fell Runners	MV40	00:40:33
7	653	John	Hosker	Howgill Harriers	MOpen	00:40:51
8	620	Aaron	Baglee	Eden Runners	MV40	00:42:34
9	644	Martin	Hepworth	Eden Runners	MV50	00:43:05
10	603	Craig	Bottomley	Eden Runners	MU18	00:44:06
11	632	Karen	Bridge	Eden Runners	FV40	00:44:40
12	663	Emma	Nielsen	Eden Runners	FV40	00:44:47
13	637	Stephen	Moffat	Howgill Harriers	MV60	00:44:48
14	636	Jake	Higginbottom	Eden Runners	MOpen	00:44:54
15	611	Ben	Fisher	none	MV40	00:45:00
16	660	David	Bainbridge	Howgill Harriers	MOpen	00:45:24
17	641	James	Simpson	Eden Runners	MOpen	00:45:25
18	606	Jonathan	Buckley	Cumberland AC	MOpen	00:46:35
19	631	Alan	Barr	Howgill Harriers	MV40	00:46:44
20	640	Nicola	Wade	Hunwick harriers	FOpen	00:46:46
21	634	James	Coulthard	Howgill Harriers	MV40	00:47:05
22	679	Robbie	Armstrong	UA	MV40	00:47:12
23	633	John	Bridge	Eden Runners	MV50	00:47:39
24	670	David	Roper	Howgill Harriers	MV50	00:48:12
25	643	Charles	Watson	UA	MV50	00:48:13
26	629	Paul	Renwick	UA	MV40	00:48:24
27	671	Gary	Binks	UA	MV40	00:49:05
28	601	Carol	Baker	Eden Runners	FV50	00:49:14

29	638	Kerry	Grinbergs	Eden Runners	FV40	00:49:20
30	650	Susanne	Enhard	Eden Runners	FV50	00:49:27
31	625	Ann Marie	Tulloch	UA	FOpen	00:49:33
32	613	David	Hodgson	none	MV40	00:50:13
33	604	Roy	Bottomley	Eden Runners	MV50	00:50:36
34	628	Andrew	Walker	UA	MV50	00:51:03
35	630	Richard	Thornburn	UA	MV40	00:51:24
36	681	Courtney	Benson	Howgill Harriers	FOpen	00:51:29
37	608	Alan	Davis	EVMC	MV60	00:51:45
38	662	Gerry	Watson	Wymondham AC	MV60	00:51:59
39	675	Jim	Fisher	Howgill Harriers	MV50	00:52:09
40	667	Olivia	Kidd	Eden Runners	FOpen	00:52:33
41	639	Amanda	Singleton	Eden Runners	FV40	00:52:33
42	656	Ryan	Brennand	Eden Runners	MOpen	00:52:59
43	669	Wade	Tidbury	Eden Runners	MV50	00:53:03
44	609	John	Davis	Eden Runners	MOpen	00:53:08
45	672	David	Baglee	UA	MV50	00:53:26
46	610	Kevin	Fenwick	None	MV60	00:53:30
47	616	Paul	Norvell	None	MOpen	00:53:45
48	658	Nigel	Hierons	Eden Runners	MV40	00:54:05
49	607	Tim	Collins	Long Marton School	MV50	00:54:31
50	661	Paul	Saager	Eden Runners	MV60	00:54:38
51	668	Rachel	Ash	UA	FOpen	00:54:44
52	614	Paul	McKeown	None	MV50	00:54:48
53	647	Tony	Jewell	Bodyfit Runners	MV60	00:54:54
54	623	Trevor	Samsom	Howgill Harriers	MV50	00:55:03
55	676	Helen	Tyson	Eden Runners	FOpen	00:55:17
56	673	Mark	Osborne	UA	MV50	00:55:46
57	651	Chris	Clark	Keswick AC	MV60	00:56:27
58	642	Robin	Haywood	Howgill Harriers	MV40	00:56:55
59	649	Kim	Clark	Keswick AC	FV60	00:57:08

60	680	Sophie	Heron	UA	FOpen	00:57:49
61	652	Sarah	Wright	Eden Runners	FV40	00:58:07
62	654	Gina	Mumford	Eden Runners	FV50	00:58:26
63	619	Tracey	Shaw	Cumberland AC	FOpen	00:58:59
64	612	Adrian	Hadley	Cumberland AC	MOpen	00:59:00
65	655	Julia	King	Eden Runners	FV60	00:59:20
66	626	Patrick	Hall	UA	MV40	00:59:20
67	624	Caroline	Bryce	UA	FOpen	00:59:33
68	664	Philip	Sturgess	UA	MV50	01:00:35
69	615	Harriet	North	Bearbrook RC	FOpen	01:00:55
70	622	Sarah	Lawley	UA	FV40	01:01:08
71	621	Laura	Jones	UA	FOpen	01:01:08
72	648	Tony	Brooke	Eden Runners	MV40	01:01:51
73	666	Laura	Irving	UA	FOpen	01:02:18
74	646	Linda	Gant	Bodyfit Runners	FV60	01:02:33
75	677	Gill	Silson	Eden Runners	FV50	01:02:44
76	645	Kev	Kendal	Howgill Harriers	MV40	01:04:40
77	665	Helen	Graham	Eden Runners	FOpen	01:09:10
78	605	Sheila	Bottomley	Eden Runners	FV50	01:09:12

First Local Male Bill Stewart

First Local Female Sarah Lawley

Team Prize Eden Runners